

## Real MomsGuide CONTESTS & GIVEAWAYS

this real mom  
wouldn't be caught  
dead in mom jeans



## Real moms, if you're in need of a pick me up keep on reading!

Tuesday, 02 June 2009 17:37 | Melissa Chapman



I've been having one of those weeks- where the hum-drum routines that I've relied on, and actually realize now that I desperately crave as a mom, have slowly begun to disintegrate. My father, although he is only 66 is on a downward health spiral- and my mother- who has never learned how to drive- is now dependent on me to get her to and from her job as well as pick up the slack and errands that my now immobile father once did...

In a nutshell- I'm royally screwed! These are my parents- and I can't help but remember the countless moments and experiences from my childhood- when they acted as selflessly as parents should and sacrificed their happinesses so that I could have mine. And although I was expecting to fully be a part of the sandwich generation- caring for my parents and my kids simultaneously- I thought I had another solid ten to 15 years before I began to feel the pinch.



Suffice it to say- this week has been fairly brutal between trying to rearrange schedules and satisfy everyone's needs. Oh yeah and then I got a call from my son's teacher- who told me that he is still [misbehaving in school](#)... that he insists on walking like an animal-- yes she used the word animal several times and that he has a habit of putting his hands on others. While I'd love to chalk it up to boys being boys- I know if I don't nip this thing in the bud- his behavior will be documented in his permanent file- and he will be branded a "problem kid" The weird part is that this "walking like an animal" thing does seem like typical imaginative child-like behavior- but I guess if I was teaching 15, four-year-old boys who insisted on behaving like little animals- I'd probably be frustrated and ready to ring their little necks too!

But this post is not all doom and gloom- I've got a REALLY great giveaway, that could lift any person out of their funk (including me)...

I don't know about you, but my animal-walking son and sweet princess of a daughter have flat-out refused to put a piece of fish up to their lips- scout's honor!

Then the Lovely folks at [High Liner Sea Cuisine](#) which provides the home cook with convenient, delicious, chef-inspired seafood, in a variety of mouthwatering flavors including Summer Herb Crusted Cod, Tuscan Parmesan Crusted Shrimp, Potato Crusted Cod, and Lemon Pepper Tilapia, developed by their in house Executive Chef and Director of Culinary, Chef Owen Tilley, sent me a few of their dishes and my kids, well they're actually beginning to show signs that they may just allow me to introduce fish as a potential dinner time entree- taking its rightful place alongside to their usual mac n' cheese and more mac n cheese!



Another great point about these foods is that they're super easy to prepare, and ideal for busy families that want that restaurant quality seafood without the hassle – or cost – of going out to eat. They're just \$7.99! And if you check out their [site](#) they've got some cool side dish shortcuts, which will provide families with quick and easy meal ideas and Chef Tilley- well he just happens to be a really great guy- I've interviewed him- and he's all about helping us [real moms](#) find simple, HEALTHY, shortcuts to successful family meals!

To help kick-start your kid's love or at least tolerance for fish- the good folks at Highliner are going to give away two **family fun nights on a budget** packages, which will include a few of their signature fish dishes along with the necessary tools for an interactive, fun family night at home (think delicious recipes, cookie mix, DVDs!).

All you've got to do to enter is leave a comment about how, as a mom, you lift yourself out of a funk. For an extra entry you can also tweet about the contest! For a third entry you can check out the [Highliner Sea Cuisine site](#) and leave a comment about something interesting you've learned!

*Giveaway only open to those with U.S. addresses. Giveaway ends on Monday June 8th at 11:59 Eastern Standard Time. On Tuesday June 9th Random.org will select one winner, and I'll email them and announce it immediately.*

Good Luck!